

Ryan Gottfredson, Ph.D.

Ryan Gottfredson, Ph.D. is a mental success coach and cutting-edge leadership consultant, author, trainer, and researcher. He helps improve organizations, leaders, teams, and employees improve their decision making, effectiveness, agility, and culture through a focus on mindsets. He is the author of an upcoming book entitled, "Success Mindsets: The Key to Unlocking Greater Success in Your Life, Work, & Leadership."



Ryan is currently a leadership and management professor at the Mihaylo College of Business and Economics at California State University-Fullerton (CSUF). He holds a Ph.D. in Organizational Behavior and Human Resources from Indiana University, and a B.A. from Brigham Young University.

As a respected authority and researcher on topics related to leadership, management, and organizational behavior, Ryan has published over 15 articles across a variety of journals including: Journal of Management, Journal of Organizational Behavior, Business Horizons, Journal of Leadership and Organizational Studies, and Journal of Leadership Studies. His research has been cited over 1,500 times since 2013. Also, Ryan has been featured in popular press outlets including Society for Human Resource Management, Association for Talent Development, and Training Industry.

During the Spring of 2020, Ryan will also be releasing his book – Success Mindsets: The Keys to Unlocking Greater Success in Your Life, Work, and Leadership. This will be published by Morgan James Publishing.

Ryan is also an experienced consultant, having been a Research Lead with Gallup, Inc. In that and personal consulting capacities, Ryan has consulted for dozens of corporations across a variety of industries including banking, healthcare, education, and energy. Some clients include CVS Health, Mondelez, and Deutsche Telekom. Ryan also has extensive training experience, having conducted keynotes and trainings for companies including Experian, Volcom, Spireon, and Association of California Cities-Orange County. He has also been recognized as one of the best professors at Mihaylo College of Business and Economics.